

wiihsinitaawi *Let's eat!*

wiihsinitaawi maayaahkweeta *Time for lunch!*

Friday Lunch

**Vegetarian, Gluten and Dairy Free Options Available*

Sandwich Bar

Boards Head, Turkey, Ham, Roast Beef, and Salami with Assorted Cheeses

Breads

Wheat, White, Gluten Free, Wraps Gluten Free/Keto

Sides

Chips in assorted variety

Salad Bar

Dressings *Ranch, Blue Cheese, Avocado Based Options, Dairy Free Options, Oil and Vinegar*

Assorted Fruits

Dessert

Yellow Cake w/ Vanilla Icing

Food Allergies? *Please speak to one of our staff members or contact Jordan Poyfair (918) 325-9899 or Madalyn Richardson (918) 325-7426.*

wiihsinitaawi *Let's eat!*
wiihsinitaawi eelaakwiki *Time for dinner!*

Friday Dinner

**Vegetarian, Gluten and Dairy Free Options Available*

Entrées

Roasted Chicken, Bison Roast with Glaze

Sides

Roasted Sweet Potatoes, Sautéed Mushrooms, Green Beans, Hominy (Vegetarian), Wild Rice with pecans (Vegan Option), Fry Bread

Salad Bar

***Dressings** Assorted, Ranch, Blue Cheese, Avocado Based Options, Dairy Free Options, Oil and Vinegar*

Dessert **Regular & Gluten Free & Dairy Free Options*

Grape Dumplings, Brownies

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Saturday Lunch

**Vegetarian, Gluten and Dairy Free Options Available*

Indian Tacos

*Meat Chili, Brown Beans, Fry Bread, Tortilla Chips
(Gluten Free), Crackers, Cheese*

Salad Bar

*Dressings Assorted, Ranch, Blue Cheese, Avocado
Based Options, Dairy Free Options, Oil and Vinegar*

Assorted Fruits

Dessert

Cookies, Sugar Free option, Gluten Free option

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Saturday Dinner

**Vegetarian, Gluten and Dairy Free Options Available*

Entrées

Beef Chili, Turkey Chili, Bean Chili (Vegetarian), Beef Stew, Vegetable Stew (Vegan)

Sides

Fry bread, Crackers

Salad Bar

Dressings Assorted, Ranch, Blue Cheese, Avocado Based Options, Dairy Free Options, Oil and Vinegar

Assorted Fruits

Dessert

Grape Dumplings, Brownies

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Thursday Dinner

**Vegetarian, Gluten and Dairy Free Options Available*

Entrées

Potato Soup (Vegan Option)

Sides

Cheese and Sour Cream

Charcuterie

Salad Bar

Dressings Assorted, Ranch, Blue Cheese, Avocado Based Options, Dairy Free Options, Oil and Vinegar

Dessert

Peach Crisps

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